

ORAL HEALTH FOR TOTAL HEALTH



An Independent Licensee of the Blue Cross and Blue Shield Association

We support a multifaceted approach to oral care called Oral Health for Total Health. Because we offer medical and dental plans, we can analyze claims information and identify members who can benefit from focused attention on additional dental education.

What are the benefits of the program?

There's a relationship between a healthy mouth and total health. Dental health can influence conditions such as diabetes, coronary artery disease (CAD), stroke, oral cancer, Sjögren's syndrome, and low-birth-weight and premature babies. That means it's important to get regular preventive dental care.

The program provides qualifying members with condition-specific treatment beyond their normal dental benefits. When seeing a participating provider, this means:

- No copayment or coinsurance is required
- The member is not responsible for a deductible to receive enhanced dental benefits
- Benefits are covered outside the plan's annual maximum
- Non-compliant members receive focused communication encouraging them to see their dentist for enhanced dental benefits

How can my dental practice benefit?

We understand how important it is to ensure your patients obtain the very best care. Depending on the condition-specific benefits, you could receive up to \$1,408 per member by providing the enhanced dental benefits. This will not only improve your patients oral and total health, but will also improve the financial state of your practice.

How do I know if my patient is eligible or enrolled in Oral Health for Total Health?

Patients will automatically be enrolled into the program if they have diabetes or coronary artery disease. Members will need to self enroll if they have suffered a stroke, have been diagnosed with oral cancer, or are pregnant.

HMSA dental plans not eligible for the program are:

- Federal 87 Plans
- Keiki Care Plans
- Akamai Advantage Dual Care Plans

To confirm your patient is part of this program, please call 1 (800) 792-4672 or 948-6440 on Oahu.

What if my patient isn't enrolled but qualifies?

If your patient has one of the qualifying medical conditions and is a member of a qualifying dental plan, they may:

- Enroll online at hmsa.com/oralhealth
- Download and print the form from our site, complete, and mail to:
Enhanced Dental Benefits
HMSA Dental Operations
P.O. Box 1320
Honolulu, HI 96807-1320

Enhanced dental benefits	Cleaning, scaling in the presence of gingival inflammation, or periodontal maintenance visit every 3 months*	Periodontal scaling once per quadrant every 24 months*	Prediagnostic oral cancer screening every 6 months**	Fluoride treatment every 3 months**
Diabetes	✓	✓		
Coronary artery disease	✓	✓		
Stroke (as of January 1, 2018)	✓	✓		
Oral cancer	✓		✓	✓
Sjögren's syndrome (as of January 1, 2018)	✓		✓	✓
Pregnancy	✓	✓		

* Periodontal maintenance and scaling available with plans that offer periodontal benefits.

**This benefit is available for members previously diagnosed with oral cancer or for members diagnosed with Sjögren's syndrome.

For more information about HMSA's Oral Health for Total Health program, visit hmsa.com/oralhealth or call Customer Relations at 1 (800) 792-4672 or 948-6440 on Oahu.